# Reducing nutrient load from catchments

2.5. Impacts of nutrient load



### 2.5.1. Eutrophication

- Excess nutrient availability causes eutrophication
- Eutrophication is expressed by:
  - Increased growth of phytoplankton
  - Increased turbidity
  - Increasing of water plants
  - Excessive algal growth
  - Oxygen demand (BOD and COD) increases

Find out what BOD and COD mean: (the links lead to environmental dictionary)

BOD = biochemical oxygen demand

COD = chemical oxygen demand



# In the **early phase** of eutrophication:

- species diversity
- algal production
- quantity of zooplankton
- planktivorous fish

#### increase

In small, shallow lakes and lakes with long retention time, the disadvantages of eutrophication emerge sooner





#### By on going eutrophication:

- The water becomes turbid
- The shoreline gets shallower
- Algal blooms (massive occurrence of algae or cyanobacteria)
- Macro vegetation increases
- The bottom (bed) gets softer
- Oxygen depletion occurs and changes in fish communities happen (species composition)



Bluegreen algae blooming in lake Kuralanjärvi Rymättylä, Finland (photo: TUAS Water Engineering)





# In the early phase of eutrophication increasing of:

- species diversity
- algal production
- quantity of zooplankton
- planktivorous fish



#### By ongoing eutrophication:

- water becomes turbid
- the shoreline gets shallower
- algal blooms (massive occurrence of algae)
- macro vegetation increases
- the bottom (bed) gets softer
- oxygen depletion occurs and changes in fish communities happen (species composition) and species diversity decreases



## The changes in the fish community:

- Usually by ongoing eutrophication the following species become less abundant:
  - Salmonid fish
  - Burbot
  - Pike
  - Perch

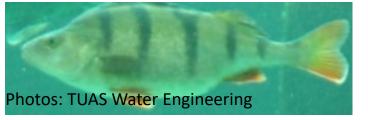














...While these species become common and abundant:

- Roach
- Bream
- Silver bream
- Other cyprinid fishes





- In addition to the changes in fish communities, the growth of the fish eventually decreases
- In very eutrophicated waters, the cyprinid fishes can contribute to algal blooms e.g. by almost feeding out zooplankton (which thus can feed less phytoplankton)
- The cyprinid fishes also cause bioturbulence by searching benthic animals in the sediment



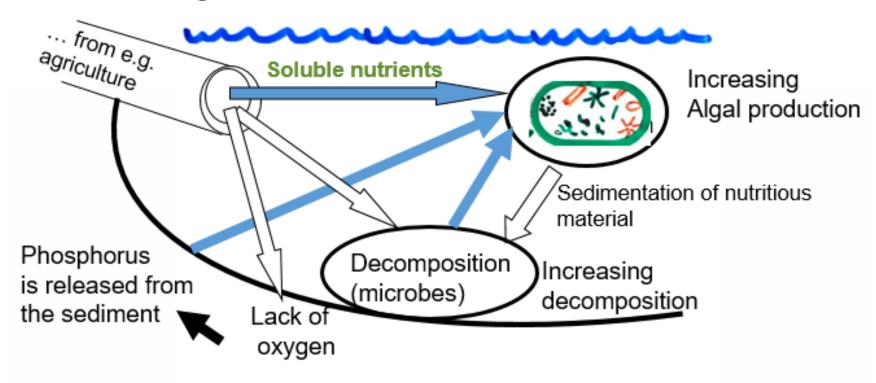


The role of planktivorous fish in an eutrophic lake less zooplankton to eat phytoplankton increasing amount Cyprinid fish eat of phytoplankton zooplankton dissolved P more dead turbidity increases algae sink to increases the bottom Cyprinid fish increase **Predators** algae decays do not see and causes cyprinid fish the prey lack of O<sub>2</sub> eat benthic In sediment bound animals and P releases muddle the (dissolves) sediment (bioturbation) less predator fish



#### Eutrophication

#### Increasing nutrient load



Learn more:





## References and further reading

European Comission 2016. Eutrophication.
<a href="http://ec.europa.eu/environment/marine/good-environmental-status/descriptor-5/index\_en.htm">http://ec.europa.eu/environment/marine/good-environmental-status/descriptor-5/index\_en.htm</a>



## Acknowledgements







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